

Table 1: Tabulation of Studies

(Number of Studies)

Disorders	Positive Findings	Ambiguous, Controversial, &/or Contradictory	Results Unclear/ Questionable	No Effects ^a
Autism	13	1 (Bettison) 1 (Gillberg)	1 (Mudford et al.)	0
ADHD	4	0	0	0
CAPD	2	0	1 (Yencer)	0
Several Populations	2	0	1 (Zollweg et al.)	0
Animals (chicks)	2	0	0	0

^aNote that none of the studies failed to show discernible benefits.

Of the 28 research studies that evaluated physiological, behavioral, and cognitive changes in the subjects, the authors of 23 (82%) studies concluded that their data supported the efficacy of AIT, three (11%) claimed to have found no evidence of efficacy, and two (7%) report ambiguous, contradictory results.